

# Autumn Class Timetable



Also see our events listing online

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Creative Wings (N)</b> 09:15 (45m) The Aviary All ages	<b>Baby Yoga (N)</b> 9:30 (25m) Canopy 1 Non Walkers	<b>Baby and Toddler Gym (N)</b> 09:15 (90m) Canopy 2 Under 3s	<b>Baby and Toddler Gym (N)</b> 09:30 (90m) Canopy 2 Under 3s	<b>Mum Bop (E)</b> 09:30 Canopy 1 All ages
<b>Mum Bop (E)</b> 10:30 Canopy 1 All ages	<b>Yoga and Mindfulness (N)</b> 10:05 Canopy 1 2-5 years	<b>Pro Tots (N)</b> 09:20 & 10:00 garden 2.5-5 years	<b>Baby College Toddlers (E)</b> 10:30 (45m) Canopy 1 9m to 18m	<b>Creative Wings (N)</b> p9:45 (45m) The Aviary All ages
<b>Mum Bop Intense (E)</b> 11:30 Canopy 1 All ages	<b>Post Natal Pilates (E)</b> 11:00 (50m) Canopy Tiny Baby and Mum	<b>Debutots (E)</b> 10:15 (30m) Canopy 2-4 years	<b>Baby and Toddler Gym (N)</b> 11:30 (90m) Canopy 2 Under 3s	<b>Baby and Toddler Gym (N)</b> 10:10 (90m) Canopy 2 Under 3s
<b>Garden Playgroup (E)</b> 11:30 (90m) Garden All ages	<b>Baby and Toddler Gym (N)</b> 10:50 (90m) Canopy 2 Under 3s	<b>Ukebox Ukelele Story and Songtime (NE)</b> 10:30 (30m) The Snug All Ages	<b>Baby College Infants (E)</b> 11:30 (45m) Canopy 1 0 to 9m	<b>Garden Playgroup (E)</b> 11:30 (90m) Garden All ages
<b>Baby and Toddler Gym (N)</b> 11:10 (90m) Canopy 2 Under 3s	<b>Pilates for Pregnancy (E)</b> 12:00 (50m) Canopy 1 Mum2Be	<b>Debutots (E)</b> 11:00 (30m) Canopy 6m to 23m	<b>Baby College Infants (E)</b> 12:30 (45m) Canopy 1 0 to 9m	<b>Baby and Toddler Gym (N)</b> 12:00 (60m) Canopy 2 Under 3s
<b>Baby and Toddler Gym (N)</b> 13:00 (2h) Canopy 2 Under 3s	<b>Baby and Toddler Gym (N)</b> 13:15 (2hr) Canopy 2 Under 3s	<b>Baby and Toddler Gym (N)</b> 11:15 (90m) and 13:15 (2hrs) Canopy 2 Under 3s	<b>Nest Bakes (N)</b> 13:15 (90min) Kitchen 13:15 3-5s	<b>Baby Yoga (N)</b> 14:00 (25m) Canopy 1 Non Walkers (Baby Gym Before/after)
<b>Nest Bakes (N)</b> 13:15 (90min) Kitchen 13:15 3-5s	<b>Little Green Fingers (N)</b> 13:15 (90m) Garden 3-5s	<b>Little Green Fingers (N)</b> 13:15 (90m) Garden 3-5s	<b>Baby and Toddler Gym (N)</b> 13:45 (2hr) Canopy 2 Under 3s	<b>Yoga and Mindfulness (N)</b> 14:45 (30m) Canopy 1 2-5 years

N = Nest Club own classes - included in our passes and Silver/Gold Memberships E = Book with external provider

